



WHAT DO YOU KNOW ABOUT SAFETY?

Think you can climb a ladder without getting hurt? Answer the following questions to find out if you're on top of ladder safety basics.

1. It is OK to stand on the top step and the bucket shelf of a ladder if you need to.
 - a) TRUE
 - b) FALSE
2. A ladder with a 20-foot high top support should be 5 feet away from the base you are climbing.
 - a) TRUE
 - b) FALSE
3. Straight, single or extension ladders should be set up at approximately what angle?
 - a) 25 degree angle
 - b) 45 degree angle
 - c) 75 degree angle
4. If you have to place a ladder in front of a door, what precautionary measures should you take?
 - a) Make sure the door is locked, blocked or guarded
 - b) No precautionary measures are needed
5. Large, flat wooden boards braced underneath a ladder can help level it on an uneven surface or soft ground.
 - a) TRUE
 - b) FALSE
6. What type of ladder should you NOT use near power lines or electrical equipment?
 - a) Wooden ladders
 - b) Metal ladders
 - c) Fiberglass ladders

7. Before you use a ladder for a job, what should you check on the ladder?
- a) Check the length of the ladder
 - b) Check the duty rating of the ladder
 - c) Check for loose or damaged steps, rungs, spreaders, rung dogs and safety feet
 - d) All of the above
8. A ladder must extend 3 feet or more beyond a roof line if you are going to climb on the building.
- a) TRUE
 - b) FALSE
9. You should place a ladder 1 foot away from whatever it is leaning against for every ____ feet of height to the point of contact for the top of the ladder.
- a) 1
 - b) 4
 - c) 8
10. What rule should be followed regarding weight on the ladder?
- a) If one person is climbing the ladder and another person holding the bottom of the ladder, then the weight can be exceeded
 - b) Your weight, and the weight of your materials, should never exceed the maximum load rating of a ladder
 - c) If you use heavy objects to stabilize the base of the ladder, then the weight can be exceeded